

HEED 404 Health Instruction  
 PHEC 418 Physical Education in the Secondary School  
 REED 418 Reading and Writing Connections

**Phase III** EDUC 406 Leadership Seminar  
**(15 hours)** EDUC 448 Educational Technology Lab III  
 PHEC 497 Teaching Internship, K-12 Program

**4. Other graduation/program exit requirements**

- Successful presentation of a developmental portfolio according to department format.
- Passing score on PRAXIS II as established by the state of Maryland.

# Recreation and Parks Management

Concentrations:	Community Program Delivery	Adventure Sports	Hospitality & Tourism	Therapeutic Recreation
Hours Required in RECR:	45	39	39	45
Hours Required in Other Departments:	21	12-13	9	29
Additional Hours Required:	0	13	19	0
<b>Total Hours Required:</b>	<b>66</b>	<b>64-65</b>	<b>67</b>	<b>74</b>

Summary of Requirements for Major in Recreation and Parks Management

Major

Major

Concentrations in:

- adventure sports
- community program delivery
- hospitality management & tourism
- therapeutic recreation

**Director:**

Robert B. Kauffman,  
 Associate Professor,  
 Department of HPER

**Associate Professor:**

Kauffman

**Assistant Professors:**

Blankenship, Streiby

**Instructor:**

Dougherty

**Affiliated Faculty:**

Debra Frank, Allegany College of Maryland;  
 Wilma Brooks, Stephanie Younkens, Community College of Baltimore County, Catonsville Campus;  
 Mike Logsdon, Garrett College

- Program accredited by NRPA/AALR (National Recreation and Park Association/ American Association for Leisure and Recreation).
- You are required to complete RECR 497 which includes 120 hours of practical experience

**1. Discipline Core:**

*(36 hours)*

- RECR 201 Introduction to Recreation and Parks
- RECR 221 Introduction to Therapeutic Recreation
- RECR 342 Park and Facilities Design
- RECR 380 Recreation Leadership
- RECR 382 Program Planning
- RECR 388 Research Methods in Recreation and Parks
- RECR 440 Organization and Administration of Recreation and Parks
- RECR 443 Issues and Legal Liability in Recreation and Parks
- RECR 492 Internship Project
- RECR 495 Internship in Recreation
- RECR 497 Out-of-class Requirements *(see bullet at left)*

**2. Courses Outside Department:**

*(3 hours)*

- COSC 100/110 Introduction to Computer Science *(Tech. Fluency)*
- or COSC 220 Introduction to Software Applications
- or EDUC 454 Microcomputer Application in Education
- or approved computer application course

**3. Complete one of the following:**

- a. a second major
- b. a minor
- c. an associate's degree
- d. a bachelor's degree from another institution
- e. a concentration within the major as follows:

**I. Community Program Delivery**

*(27 hours)*

**A. HPE/RECR (9 hours):**

- RECR 100 Leisure and Diverse Culture
- RECR 480 Field Experience in Recreation and Parks *(3 cr.)*

*Select one of the following:*

- RECR 330 Outdoor Education
- RECR 384 Special Event Management
- RECR 421 Program Design and Evaluation in Therapeutic Recreation

(not including internships) and to attend one state, regional or national conference during your junior or senior year.

- Current certification in CPR and first aid is required.
- This program may also be completed at the Community College of Baltimore County - Catonsville. Interested students may contact Maureen Dougherty, coordinator of the FSU Recreation and Parks program at CCBC, 410/869-1103.

HEED 101 Community Health Promotion  
 ASI 138 Backcountry & Outdoor Living Skills\*  
 ASI 260 Advanced Level First Aid and CPR\*

**B. Psychology (6 hours):**

PSYC 150 General Psychology (*GEP Group D*)  
 PSYC 210 Child Development  
 or PSYC 212 Adolescence and Adulthood

**C. Sociology (6 hours):**

SOCI 100 Intro. to Sociology (*GEP Group D*)

*And one of the following:*

SOCI 200 Social Problems  
 SOCI 203 Sociology of Deviant Behavior  
 SOCI 322 Social Demography  
 SOCI 325 Community Analysis  
 SOCI 326 Sociology of Rural Life  
 SOCI 328 Sociology of Urban Life  
 SOCI 366 Social Inequality

**D. Communications Studies (6 hours)**

*Select one of the following:*

CMST 102/112 Introduction to Human Communications  
 CMST 122 Introduction to Public Speaking  
 CMST 132 Introduction to Interpersonal and Small Group Communication

*Select one of the following:*

CMST 215 Small Group Communication  
 CMST 300 Interpersonal Communication  
 CMST 322 Presentational Communication

Adventure Sports  
 Concentration

- The adventure sports concentration is a collaborative program between Garrett College and Frostburg State University.
- You may enroll in this program at Frostburg State University and take adventure sports courses at Garrett College, or you may complete your first two years at Garrett College and then transfer to FSU.
- Legal residents of Delaware, South Carolina and Virginia may complete a recreation management degree (adventure sports concentration) at Maryland resident tuition rates through the SREB Academic Common Market (see Admissions section of this catalog).

**II. Adventure Sports**

(25-26 hours)

**A. Two Introductory Level Courses\***

(2 hours)

*Examples include but are not limited to:*

ASI 120 Introduction to Traditional Rock Climbing  
 ASI 130 Introduction to Whitewater Kayaking  
 ASI 136 Introduction to Rafting and River Guiding  
 ASI 138 Introduction to Sea Kayaking  
 ASI 140 Introduction to Cross Country Mountain Biking  
 ASI 150 Beginning Alpine Skiing  
 ASI 180 Introduction to New Games-Initiatives/Low Ropes Challenge Courses  
 ASI 190 Beginning Open Water SCUBA

**B. Three Intermediate Level Courses \***

(3 hours)

*Examples include but are not limited to:*

ASI 145 Mountain Bike Mechanics I  
 ASI 121 Rock Craft 1  
 ASI 220 Rock Craft 2  
 ASI 221 Rock Craft 4  
 ASI 222 Rock Craft 5  
 ASI 230 Whitewater Kayaking Techniques I  
 ASI 231 Whitewater Kayaking Techniques II  
 ASI 240 Intermediate Cross Country Mountain Biking  
 ASI 241 Mountain Bike Touring  
 ASI 245 Mountain Bike Mechanics II  
 ASI 247 Mountain Bike Mechanics Certification  
 ASI 250 Alpine Skiing Techniques I  
 ASI 251 Alpine Skiing Techniques II  
 ASI 280 Intermediate Ropes Courses

**C. One Instructor/Guide Level Course \****(1 hour)**Examples include but are not limited to:*

- ASI 270 Rock Craft 6: Rock Climbing Instructor Development
- ASI 272 High Ropes Course Instructor Development
- ASI 273 Mountain Bike Guide Development and Certification
- ASI 274 Ski School Instructor Training
- ASI 276 Whitewater Kayak Instructor Training
- ASI 277 Whitewater Rafting Instructor Training

**D. One Rescue Level Course \****(1 hour)**Examples include but are not limited to:*

- ASI 160 Swift Water Rescue
- ASI 162 Fundamentals of Search and Rescue (NASAR Certification)
- ASI 260 Rock Craft 3: Vertical Rock Rescue
- ASI 262 National Ski Patrol Training
- ASI 264 Rescue Diving

**E. Take all of the following:***(9 hours)*

- ASI 110 Back Country Living Skills\*
- ASI 164 Advanced Level First Aid & CPR\*
- RECR 330 Outdoor Education

**F. Select three of the following:***(9-10 credits)*

- ACCT 211 Financial Accounting
- BIO 110 Natural History\*
- FINA 303 Principles of Finance
- MGMT 351 Management of Organizations
- HUM 210 Society & the Environment\*
- PSYC 150 General Psychology (*GEP Group D*)
- PSYC 210 Child Development
- PSYC 212 Adolescence and Adulthood
- PSYC 385 Group Processes
- PSYC 386 Drugs and Behavior
- PSYC 410 Introduction to Counseling
- PSYC 417 Psychology of Abnormal Behavior
- RECR 421 Program Design and Evaluation in TR

**Hospitality Management & Tourism Concentration**

- The hospitality concentration is a collaborative program with Allegany College of Maryland (ACM).
- You may enroll in this program at Frostburg State University and take the hospitality courses at ACM, or you may complete your first two years at ACM and then transfer to FSU.

**III. Hospitality Management and Tourism***(27 hours)***A. Recreation course:***(3 hours)*

- RECR 384 Special Events Management

**B. Tourism courses:***(3 hours)*

- GEOG 454 Geography of Tourism
- or GEOG 455 Tourism Planning
- or \*\*30-120 Principles of Travel/Tourism

**C. Hotel and Resort courses:***(19 hours)*

- \*\*30-110 Food Service Sanitation
- \*\*30-160 Quantity Food Production
- \*\*30-203 Food Purchasing, Inventory and Cost Control
- \*\*30-204 Menu Planning and Food Merchandising
- \*\*30-205 Food and Beverage Cost Control
- \*\*30-209 Hotel/Motel Front Office Management
- \*\*30-215 Hotel/Motel Property Management

*\*Garrett College courses**\*\*Allegany College of Maryland courses*

### Therapeutic Recreation Concentration

- The therapeutic recreation concentration prepares you to sit for the National Council for Therapeutic Recreation Certification Exam.
- You may complete the B.S. in Recreation and Parks Management with a therapeutic recreation concentration at the main campus or at the CCBC Catonsville campus.
- You may complete a minor in either Psychology or Sociology by taking several additional courses.

#### D. Business courses:

(3 hours)

ACCT 211 Financial Accounting  
or \*\*61-109 Practical Accounting/Bookkeeping

#### IV. Therapeutic Recreation

(35 credits)

**A. Complete a 480 hour consecutive internship** under an NCTRC certified supervisor.

#### B. Recreation Courses:

(9 hours)

RECR 321 Theories and Concepts of Therapeutic Recreation  
RECR 421 Program Design and Evaluation in Therapeutic Recreation  
RECR 422 Principles and Practices in Therapeutic Recreation

#### C. Anatomy and Physiology:

(4 hours)

BIOL 211 Essentials of Anatomy and Physiology  
or BIOL 201 Anatomy and Physiology I  
or BIOL 201 Human Anatomy and Physiology I\*\*\*

#### D. Abnormal Psychology:

(3 hours)

PSYC 417 Psychology of Abnormal Behavior  
or PSYC 201 Abnormal Psychology\*\*\*

#### E. Human Growth and Development through the Life Span:

(3-6 hours)

PSYC 210 Child Psychology  
and PSYC 212 Adolescence and Adulthood  
or PSYC 103 Principles of Human Growth/Development\*\*\*

#### F. Human Services and Related Biological and Physical Sciences:

(Frostburg: 13 hours. CCBC: 16 hours)

Select 4-5 courses:

Required for students on Frostburg campus:

BIOL 149 General Biology I (GEP Group C)  
PSYC 150/151 General Psychology (GEP Group D)

BIOL 202 Anatomy and Physiology II  
PSYC 213 Psychology of Adjustment  
PSYC 250 Death and Dying  
PSYC 404 Psychology of Exceptional Children  
PSYC 409 Human Learning and Cognition  
PSYC 418 Social Psychology  
PSYC 489 Child and Adolescent Disorders  
PSYC 410 Introduction to Counseling  
SOC 100 Introduction to Sociology (GEP Group D)  
SOC 200 Social Problems  
SOC 203 Sociology of Deviant Behavior  
SOC 340 Criminology  
SOC 442 Juvenile Delinquency  
SOC 468 Sociology of Later Life  
PHEC 303 Biomechanics for Exercise Science  
BIOL 101 General Biology\*\*\*  
BIOL 202 Human Anatomy & Physiology II\*\*\*  
PSYC 101 Introduction to Psychology\*\*\*  
SOCL 101 Introduction to Sociology\*\*\*

\*Garrett College courses

\*\*Allegany College of Maryland courses

\*\*\* CCBC, Catonsville courses